



American Heart Association®

**KIDS
HEART
CHALLENGE™**

**AMERICAN
HEART
CHALLENGE™**

Heart Hero



Ava

Survivor, Grade 3

Ava was born with Tetralogy of Fallot, a condition that caused four problems with her heart and led to open-heart surgery when she was three days old. Thanks to advancements funded by the American Heart Association, she can do everything her friends can.

Ava says her heart makes her feel special, and she keeps it strong by climbing monkey bars, playing tag and eating strawberries and oranges. While she knows she'll need another surgery one day, she isn't afraid. Ava is proud to be a heart hero and hopes her story encourages others to join the Kids Heart Challenge/American Heart Challenge to support lifesaving care for kids like her.

The **Kids Heart Challenge** and **American Heart Challenge** funds research that helps kids have longer and stronger lives. Your support helps families have hope and for that they are so grateful.

Together, we are creating a world of longer, healthier lives.